



Dr. Glenn B. Gelman      Dr. Larry B. Gelman

### OUR COMMITMENT TO YOU!

Insurance-eligible and self-pay referrals to us will be scheduled promptly, followed by a written report of your client's psychological evaluation, with specific, practical, and immediately implementable recommendations, provided to you within five (5) business days following the completion of all test-administration.

Please visit us at: [www.nicapc.com](http://www.nicapc.com) to learn more about the array of assessment services available through our office or call us at 1-815-455-6736.

### OUR GUARANTEE TO YOU!

All clients who we assess will be returned to the referring health care provider without exception.

[www.nicapc.com](http://www.nicapc.com)  
1-815-455-6736

### Who We Are

Dr. Larry B. Gelman and Dr. Glenn B. Gelman are senior-level Illinois Licensed Clinical Psychologists, who have over 40 years of professional experience, respectively.

### What We Do

Psychological testing permits inferences to be made about the 'deeper psychology' that drives thoughts, feelings, behavior, and human experience. Comprehensive psychological assessment facilitates the generation of multiple plausible rival alternative hypotheses above and beyond the clinician's initial impression and screenings of a client's presenting problems. "Evidence-based" test results are evaluated through the professional sieve of our aggregate psychodiagnostic experience, expert qualitative analysis, and our best clinical judgment."

### How We Can Help You

We provide consultative assessment services to mental health clinicians, physicians, school personnel, and business organizations through first-opinion and second-opinion case reviews and formal psychological evaluations. These consultations assist the busy provider to clarify differential diagnosis, determine viable treatment interventions, and facilitate responsible and accountable dispositional planning and aftercare follow-up.

### How to Refer to Us

To make a referral, contact us at:

**1-815-455-6736**

*No single test proves to yield a diagnosis in all cases.*

-David Rapaport

*Abnormal behavior in an abnormal situation is normal.*

-Viktor Frankl

*The unit of relevance is always the individual.*

-Ralph Reitan

*All human behavior has a purpose.*

-Rudolph Dreikurs

# NICA'S TESTING CENTER



14 Brink Street  
Crystal Lake, IL 60014

The Testing Center was created by Dr. Larry B. Gelman and Dr. Glenn B. Gelman, principles of Northern Illinois Counseling Associates, P.C. [NICA] located in historic downtown Crystal Lake, Illinois.

Since 1979, we have successfully provided consistently excellent mental health services appropriate to the unique and special needs of our clients.

We love what we do and care deeply about the people whose lives we are privileged to help.

*Referrals for Consultation are Always Welcome*

**815-455-OPEN**

# HOW TESTING CAN HELP YOU



*"How do I tell if my client has a bipolar disorder or a borderline personality disorder?"*

## Differential Diagnosis

One of the major challenges today's health care professionals face is to decipher the confusing overlap of presenting problems and symptoms. Consider the task of differentiating between a schizoid personality disorder and one of the autism spectrum disorders. Or normal shyness from a social anxiety disorder. Or PTSD from a borderline personality disorder. Imagine

the risk of your bipolar disordered client being prescribed a psycho-stimulant because he was misdiagnosed with ADHD. **NICA's Testing Center** helps mental health and health care professionals to accurately diagnose your patient's problems so that, in turn, you can formulate and implement the most relevant treatment plan.

## Complex and Refractory Clients

Evidence-based practice guidelines have become the "gold standard" in mental health facilities. When they work, therapists and their clients enjoy great success. But for the more intractable cases, these guidelines often produce only limited therapeutic outcomes. **NICA's Testing Center** uses appropriate psychological assessments - augmented with more than 80 years of our own aggregate clinical experience - to help reveal your client's deeper psychic world, and to provide you with empirically validated, clinically defensible treatment plan alternatives.



*"I've tried CBT and medications with my anxious client and she is still not getting better. What else can I do?"*



*"My client and I are stuck at a therapeutic impasse. I am not sure how best to proceed."*

## Second Opinion Consults

Your client has benefited from a great working relationship with you and has made substantial progress. Now, your client has reached a plateau and you are stuck. You both have much invested in your client's growth, but you are out of options. NICA's psychological evaluations offer treating clinicians a fresh collegial look. We provide you with usable, practical second opinions from major theoretical, therapeutic, and multidisciplinary perspectives that will enable you to assess your client's present status, his/her critical strengths and obstacles to therapy, and help you determine the next best steps for you to get treatment — and progress — moving forward again.

## Masked Disorders and Unseen Problems

Erik Erikson's admonition, "Do not mistake the child for his symptom" captures a maxim well-known to knowledgeable therapists. How often, for example, have we treated one of your clients for depression, only to discover upon further exploration, that he or she suffers an undiagnosed and untreated PTSD? How often have we learned of deeper, unseen problems in our clients? Experienced clinicians understand that the problems clients present to us often represent only the overt manifestation of hidden psychological issues — the tip of the psychological iceberg. Our interview and assessment protocols endeavor to reveal the person beneath what is seen and heard, to uncover masked disorders and hidden psychological obstacles that can impede therapeutic progress.



*"My 15 year-old client keeps acting out, but I think she is really depressed. How do I find out? She is so guarded and angry!"*



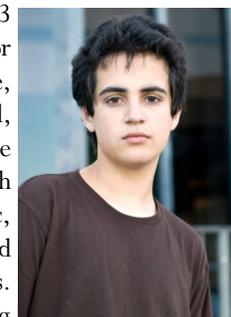
*"The couple I'm counseling say that they have nothing in common anymore. Is there a way to assess their relationship?"*

## Relationships

Clinicians who work with couples know that they can bring out the best in each other — and also the worst. When partners are polarized, they can thwart the most seasoned marriage counselors. We are very pleased to offer your couples evaluations for your clients. We assess their compatibility, relationship strengths and weaknesses, shared and conflicted values, needs and interests, critical interactions of personal temperaments, communication skills, and intimacy problems. Then, we provide you a 'relationship analysis' with specific recommendations in order to help you to repair, rebuild and restore your couples' lives and their relationships.

## Adolescents and Young Adults

We assess adolescents, ages 13 and above, and young adults, for problems across family, cognitive, adaptive, emotional, behavioral, and social life domains. Also, we comprehensively evaluate youth specific to psychodiagnostic, attentional, motivational, and learning difficulties and disorders. Older adolescents and young adults may also benefit from our thorough career interest and skills assessments. As your collegial consultants, our main interest is to identify the key contributory and maintenance variables that affect your "kids" in order to help you develop, augment, and implement concrete action plans.



*"Kids are so hard to get a fix on. Parents don't always agree about what's going on, and teachers often have their own ideas. And I am so reluctant to diagnose the kids I treat, because they can carry that label for the rest of their lives."*